



Marsden to Edale and back in the day

On the 14th of January 2018 I set out to do probably the hardest thing I've ever done: running the Marsden to Edale Trigger Race then, after a short break, set off in the opposite direction heading back to Marsden from Edale to raise money for the MPS Society, who are helping my beautiful niece Isla.

The support I have had throughout my training and preparation for this has been outstanding. I would like to thank Lisa and my two beautiful daughters, Ava and Neve, for allowing me to leave them at home on a Saturday or Sunday and go out to get lots of training miles in my legs so that I could complete my charity run.



I would also like to thank Des Thorpe, Richard Mackey and Peter Cobley for giving up their weekends to join me throughout my training.

I cannot thank everyone enough for their generous donations towards my Just Giving page and also the very generous raffle prizes that we have received from all you lovely people - the raffle alone raised over £509. With the raffle and my Just Giving page we are currently over the £4,000 Mark and are still receiving donations.



I would not have been able to make this day happen without the help of all my friends and family, especially my support team on my return run from Edale to Marsden. I would like to say a massive thank you to Nicholas Atkinson and Stefan Townrow, who gave up their day to make sure that I

was fed and watered at every road crossing along my route back from Edale to Marsden. Huge thanks to my support runners - I cannot thank



Richard Mackey enough for committing to do the full return leg with me and also Chris guest for navigating me through my final leg from Crowden to Marsden - cheers guys! A big sorry to Stuart Hutchinson who gave up his Sunday afternoon to run the Snake Pass to Crowden leg, but unfortunately as I had made some very good time over my first leg I reached Snake Pass before he got there and had to leave without him. Sorry Stuart!

On my final climb from Butterley Spillway up to Marsden cricket field I could see a few torches and hear a few voices, but when I finally got there what I was greeted with was just amazing. To each and every one of you who took time to gather there and cheer me on to the finish line, I cannot thank you enough.

